

# Koloběh – the contest of faculties

CycloRunning contest of faculties is the pilot project organized for students and employees from medical focused faculties of Charles University. The main aim of the contest is to achieve as many kilometres as possible by running or cycling. The project also aims to motivate academic community (students and employees) to be physically active during summer months.

Participation in the contest is easy and flexible. Everyone can take part from anywhere at anytime. The event starts in mid-June and will be held until 31st of August 2020. The aim is to run (walk) or cycle as many kilometres as possible in the shortest time. There are pre-established sport clubs for each faculty and activity in mobile app called STRAVA. Interim results will be also updated once a week on charts at [www.kolobehfakult.cz](http://www.kolobehfakult.cz).

The contest is supported by deans of following faculties of Charles University: Second Faculty of Medicine, Third Faculty of Medicine, Faculty of Medicine in Plzeň, Faculty of Medicine in Hradec Králové, Faculty of Pharmacy in Hradec Králové. The winning clubs will be awarded the challenge cups.

We would like to repeat the contest annually to promote physical activities in summer months. We believe that other medical faculties from the Czech Republic and abroad could join us in the following years. LET THE MEDICAL WORLD MOVE!

Department of Physical Education

Second Faculty of Medicine

Charles University